

## BISACODYL TABLETS

### COMPOSITION:

Each enteric coated tablet contains: Bisacodyl BP 5mg.

### PHARMACOLOGY:

Bisacodyl Tablets contain Bisacodyl, a diphenylmethane stimulant laxative used for the treatment of constipation and for bowel evacuation before investigational procedures or surgery.

Its action is mainly in the large intestines and it is usually effective within 6 to 12 hours following oral administration.

Bisacodyl appears to stimulate accumulation of water and electrolytes in the colon and to increase intestinal motility.

### PHARMACOKINETICS PROPERTIES:

Following oral administration of bisacodyl, it is rapidly converted to the active metabolite bis (p-hydroxyphenyl) pyridyl-2-methane. Absorption from the gastrointestinal tract is minimal, the small amount absorbed is excreted in the urine as the glucuronide. Bisacodyl is mainly excreted in the faeces.

### INDICATIONS:

Bisacodyl Tablets are stimulant laxatives used for the treatment of constipation and bowel evacuation before investigational procedures or surgery. Constipation can often be resolved without course to laxatives and an adjustment in the diet to increase vegetable fibre and fluid intake may be all that is required. However, the use of laxatives such as Bisacodyl maybe necessary in certain conditions, for example to reduce, excessive straining in cardiovascular disease or in patients with haemorrhoids, to reduce the pain of defaecation following surgery, or when constipation is due to neurological defects, hormonal changes as in pregnancy, or treatment with certain drugs such as opioid analgesics.

Stimulant laxatives including Bisacodyl should only be used in functional constipation that has not responded to dietary measures and should be withdrawn as soon as possible.

Bisacodyl is also used for bowel evacuation before radiological examination, endoscopy, surgery, or childbirth.

### DOSE AND ADMINISTRATION:

Bisacodyl Tablets are administered by the oral route preferably at bedtime. The tablets should be swallowed whole and should not be taken at the same times as milk or antacids.

It is administered at the usual dose of 2 tablets (10mg) daily, doses of upto 30mg have been given orally to complete bowel evacuation.

Children maybe given 1 to 2 tablets (5-10mg) orally.

**PRECAUTIONS AND WARNINGS:**

Bisacodyl Tablets should not be given to patients with intestinal obstruction, or with undiagnosed abdominal symptoms, care should also be taken in patients with inflammatory bowel disease. Prolonged use should be avoided.

**ADVERSE EFFECTS:**

Bisacodyl Tablets may cause abdominal discomfort such as colic or cramps. Prolonged use or overdosage should be avoided as this can result in diarrhoea with excessive loss of water and electrolytes, particularly potassium, there is also the possibility of developing an atonic non-functioning colon. Bisacodyl Tablets are usually enteric-coated in order to avoid gastric irritation.

**LEGAL CATEGORY:** Pharmacy Medicine (PM).

**THERAPEUTIC CATEGORY:** ATC A06A (Laxative).

**STORAGE:** Store below 30°C. Protect from light. Keep all medicines out of reach of children.

**SHELF-LIFE:** As per product label.

**PRESENTATION:** Bisacodyl Tablets in packs of 10 x 10 and bulk pack of 1000 tablets.

**Date of Last Review:** March 2018

**LICENCE HOLDER: LABORATORY & ALLIED LTD.**



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